

# Bronx County Dental News



A PUBLICATION OF THE BRONX COUNTY DENTAL SOCIETY

## BCDS to Hold Job Fair on March 14

**IT'S ALMOST SPRINGTIME**, which means two things in the Bronx. Opening day at Yankee Stadium is just around the corner and the event schedule of the Bronx County Dental Society is about to heat up.

Leading off, we will be hosting our annual Job Fair on the evening of Thursday March 14, 2024. It will be held at Maestro's Caterers from 6:30pm to 9:30pm. The event, sponsored by MLMIC Insurance Company, is free and open to all members and all residents at our 5 Bronx teaching hospitals. We are featuring companies that offer jobs, sell practices

and are necessary for practice transitions. Food and beverages will be served. All residents can receive a professional resume photo courtesy of BrookBeam Dental - an over \$300 value. There will be a resident raffle for a \$250 Amazon gift card.

Companies that will be presenting include - Aspen Dental, Affinity Dental, Altfest Personal Wealth Advisors, Bank of America, BrookBeam Dental, Cloud Dentistry, Danziger & Markhoff, DDS Match, Eastern Dental, Henry Schein Transitions, MLMIC Insurance Company, ProSmile, Select Dental, TD Bank and more.

We follow this with a packed schedule of dinner lectures. All are at Maestro's starting at 6 pm and feature a buffet dinner, open bar, and CE credits.

### TUESDAY APRIL 2

**Dr. Lauren Levy**

What to do when the toothache isn't from the tooth: Treating Atypical Toothaches

### TUESDAY MAY 14

**Dr. Sitki Dogus & Dr. Joseph Lazaroff**  
Pros and Cons of Digital Workflow

### TUESDAY JUNE 11

Installation of BCDS Officers & **Dr. Lawrence Holtzman**

Office Based Oral Surgery  
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### TUESDAY SEPTEMBER 10

**Dr. Jeffrey Hoos**

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### TUESDAY SEPTEMBER 10

**Dr. Dennis Bohlin**

The Opioid Epidemic  
CE credit will count towards DEA requirements ■



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# Important Note on Updated Child Abuse Course

**NEW YORK STATE LAW NOW REQUIRES AN** updated course on Mandated Reporter Training in Child Abuse and Neglect/Maltreatment Identification. This course includes protocols to reduce implicit bias in decision-making processes, strategies for identifying adverse childhood experiences and guidelines to assist in recognizing signs of abuse or maltreatment.

This law requires all dentists, including those that have previously undergone the training, complete the updated curriculum by April 1, 2025

BCDS is not planning an in-person training course. This approved online course is available free of charge by the NYS Office of Child and Family Services at [this link](#). ■



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# Naloxone – A Lifesaving Medication You Should Be Familiar With

## I WAS WATCHING THE SUPER

Bowl when a somber ad came on before halftime. It wasn't flashy and star studded, but it left a big impression on all of us who were paying attention. The ad featured the family of a 19-year-old girl in Pittsford N.Y, who died of an opioid overdose after taking a single pill which she thought was a Percocet. The ad, sponsored by the N.Y.S Office of Addiction Services and Support, was a wake up call to the nation, urging us to help save lives.

Drug overdoses have become the leading cause of accidental deaths in the United States, with almost 150 lives lost every day. The major reason for this statistic is the abundance of fentanyl in the drug supply, much of it in fake prescription pills. A single pill can contain a lethal dose. Everyone needs to know that recreational drugs today are often laced with this synthetic opioid that is fifty times stronger than heroin. Last year, 112,000 Americans died of drug overdoses. In many cases, victims are unknowingly taking

drugs like cocaine, counterfeit painkillers and even marijuana, that contain fentanyl. As health care providers, we should be able to recognize and treat drug overdoses. As prescribers of opioids, we should be able to counsel our patients and the public on how to save the life of someone undergoing an opioid overdose.

Opioid overdoses have three hallmark symptoms: shallow, slowed or stopped breathing, a decreased level of consciousness or responsiveness, and pinpoint pupils. Other symptoms can be a slow or undetectable pulse, clammy or pale skin purple or blue fingernails or lips gurgling noises or vomiting or a limp body. If you suspect an opioid overdose, you should call 911. Then administer Naloxone. Naloxone is an opioid antagonist that attaches to receptors in the brain and displaces any opioids that may be attached there. It is highly effective in reversing opioid overdoses. It is easily administered and is safe to use. If your initial diagnosis of

opioid overdose was incorrect, naloxone will do no harm. Except for its effects on opioids, it has no medication interactions and no contraindications.

In March 2023 the US FDA deregulated naloxone (Narcan) 4-mg nasal spray to non-prescription status to increase its availability and access to the public. Check with your local pharmacy about obtaining a naloxone kit.

Take 30 seconds and [watch the ad](#) that 120 million people saw during the Super Bowl. This difference between life and death can be the availability of naloxone and knowing how to use it. Watch the demonstration videos and put naloxone in your office emergency kit. Become an advocate and educator in your community. The opioid epidemic affects all of us. The life you save may be someone you know and love.

<https://oasas.ny.gov/>

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Dr. Don Safferstein represents the Bronx on the NYSDA Committee on Substance Abuse and Well Being. If you or someone you know is struggling with substance abuse, confidential assistance is available from dentists who have suffered the damage of addiction and experienced the benefits of treatment in their own lives. Call 1-800-255-2100. Your call is confidential. ■



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# Classifieds

Brookbeam Dental is a group of dental practices in the Hudson Valley region of New York. BrookBeam is currently comprised of 13 practices with locations in Kingston (2), Catskill, New Paltz, Poughkeepsie, Pine Bush, Hyde Park, Wappingers Falls, Red Hook, and Albany NY (4). There are 20+ year mentors in every BrookBeam Dental office. BrookBeam's goal is to be the leader in wellness-centered dentistry in the Hudson Valley region, providing the highest quality, state-of-the-art dental care and personal attention to its patients.

## Neil H. Goldman, Director of Recruiting, Dentists

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# Classifieds (continued)

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We see a mix of private pay, insurance and MassHealth patients. Technology includes an I-Cat 3-D scanner to visualize airways and a CO2 soft tissue laser. We use nitrous oxide but no IV in office sedation. We have privileges at Berkshire Medical Center, an arm of Berkshire Health Systems, for hospital cases.

This is a unique opportunity to work and live in one of the most beautiful, culturally and recreationally diverse areas in the Northeast located only 2 hours from Boston and New York. The Smithsonian Magazine recently named Great Barrington, where our satellite office is located, the Best Small Town in America. We enjoy the combination of the cultural influence of nearby New York and Boston without the congested urban setting and high cost of living. This, combined with famous Berkshire landscapes, makes our location a special place to work, have fun, enjoy life, and raise a family. Our current associate made over \$320,000.00 in his first full year, in addition to his benefits. This was done without having to stress out.

Unlike corporate dentistry with its emphasis on production and the bottom line, the secret to our success for the past 48 years is our focus on developing quality relationships with our patients, their families and our staff while providing high quality dentistry in a compassionate setting. As an associate, you will have control over the direction you want to pursue in your professional life while making an excellent living in a peaceful and beautiful environment.

Pediatric Dentistry is a great profession. Join us, not only to repair disease, but more importantly to focus on the total wellness of our children as we create beautiful and healthy smiles that last a lifetime.

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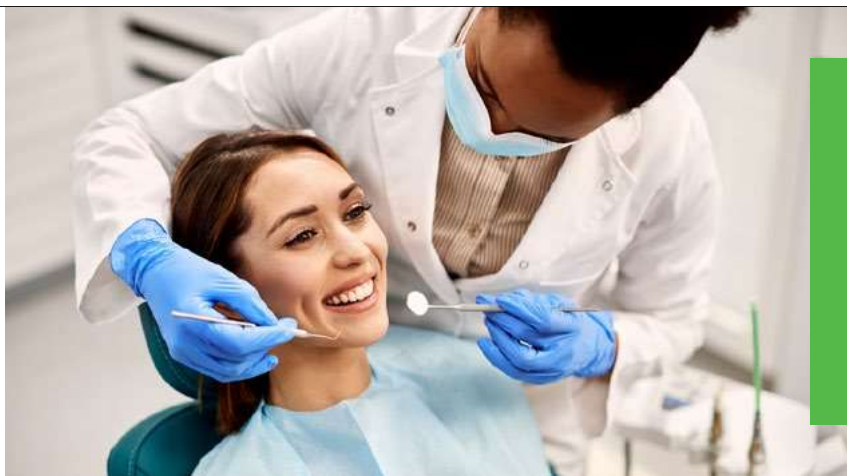
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# Dr. Megan Cloidt Lecture Recap

**ON TUESDAY, JANUARY 23, DR. MEGAN CLOIDT** gave a presentation entitled, *Translating HPV and Oral Cancer Awareness, Counseling, and Vaccination into Clinical Practice*. Dr. Cloidt provided a deep dive into the link between human papillomavirus (HPV) and oropharyngeal cancer, which has made headlines at the national, state, and local level. She spoke about the most up-to-date research, policy, and clinical guidelines surrounding HPV and oropharyngeal cancer in order to translate this knowledge into practice in any dental setting. Her call to action to all dental clinicians included: (1) adding questions about HPV vaccination status and oropharyngeal cancer symptoms in the medical history form; (2) counseling patients and their families about receiving the HPV vaccine, providing patient education materials, and referring for vaccination if needed; and (3) screening for oral and oropharyngeal cancer properly and consistently at every recall exam and referring patients to an oral pathologist, oral surgeon, or ENT if warranted. Importantly, these strategies are extremely easy to implement, no cost, and effective. See the links below for more information.



[HPV resources](#) | [NYSDA resources](#) | [ADA resources](#) ■

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# Fourth letter from the ADA Trustee to the NYSDA Components

January 2023 | Trustee's Corner

**HAPPY NEW YEAR TO ALL OF YOU AND YOUR families.** It is my sincerest hope everyone enjoyed the holiday season. As we embark upon a new year, I wish all of you a healthy and successful 2024. It is a new year for your American Dental Association with many interesting things occurring in Chicago, as well as around the country.

In October, the ADA announced a new organization in collaboration with the Forsyth Institute. The new entity is now the ADA Forsyth Institute. It will dramatically change the oral health research arena with cutting edge transformative research. Ultimately, this will lead to more advanced care in the clinical care of dentistry, which will directly improve our patient's overall health. Through biological research, local and global public health outreach along with technological innovation, the ADA Forsyth Institute will set the standard for dental research around the world. The ADA Seal Program will eventually grow to investigate a much larger number of products to evaluate and decide which dental commodities deserve their approval. Elyse Cherry JD, board chair of the Forsyth Institute, gave a presentation on the organization to the ADA Board of Trustees at the October Board meeting. She discussed a storied list of accomplishments, as well as the historical background of Forsyth, which dates back more than one hundred years. The location of the new ADA Forsyth Institute will be in Somerville, Massachusetts.

I had the distinct honor of representing the ADA as a delegate at the most recent Federation Dentaire International (FDI) annual meeting last September in Sydney, Australia. The FDI World Dental Congress met and decided many of the pressing issues that deal with global oral health. Although the FDI

is a small organization with headquarters in Geneva, Switzerland, it represents more than one hundred National Dental Organizations and close to one hundred countries. I have come



to learn they are involved in many collaborations in the global oral health community. New policy statements on Collaboration between Oral Health Professionals and other Health Professionals, Mental Health for Oral Health Professionals and Dental Students, Tooth Wear and Alcohol as a Risk for Oral Health were decided upon. Revision of existing policy statements on Alternative Restorative Materials to Dental Amalgam, Perinatal and Infant Oral Health Care, Social and Commercial Determinants of Oral Health and Oral Health for Healthy Aging were debated and agreed upon.

The FDI is overseeing more than twenty in depth studies on research areas such as access to oral health care through primary care, the effects of free sugar on oral health and overall health, antibiotic resistance in dentistry, artificial intelligence and dental applications, consensus project on toothbrushing methods, digital cleft care and electronic health records. After many discussions to strengthen the draft of the World Health Organization's Global Oral Health Plan (2023-2030), the revised version was incorporated with many FDI recommendations in the final language. What I have learned is the FDI punches above their weight and the ADA is an integral part of their success.

After a full year of existence, the Strategic Forecasting Committee is rounding into shape. As a committee of the House of Delegates, the SFC



seated its new members following the House vote, has completed selections for the subcommittees and the action groups. The SFC has approved the Vision and Mission statements of the American Dental Association, which will be placed before the 2024 House of Delegates for final adoption. Work is now beginning to assess the value of each of the existing 171 programs at the ADA, as measured against current priorities. Discussions are also ongoing within the Action groups on a variety of critical topics. The information and opinions gathered are forwarded to the Subcommittees and finally end up at the Strategic Forecasting Committee. Any new revelations or ideas that occur in the profession will also be studied by groups that are skilled in those areas.

The Board of Trustees will take the SFC value-based recommendations of ADA programs and use them when preparing the budget and finances of the ADA. This will be done on a quarterly basis instead of annually. This correlates with mission-based accounting and making decisions on a real time

basis. The ADA feels decisions made in a timelier manner will make our organization more effective and financially stable. If you are called to be on an Action group or a Subcommittee, please take us up on it and be involved in important discussions with our organization.

At my last edition of the Trustee's Corner, I mentioned the California Board of Governors decided to recalibrate and put the idea of optional ADA tripartite membership on pause. The California House of Delegates met in the middle of November and did not bring up the issue. My hope is with all the new changes happening at our ADA, there will not be any reason for California to take this issue up again. As we all know, the ADA and our profession are stronger together with the tripartite including the entire country, speaking as one for our members and the patients we serve.

I have been honored to serve as your Trustee the past year and I look forward to serving you the next three years. It has been a tremendously rewarding experience and I would like to thank all of you for the opportunity. I wish everyone a happy and successful 2024. Please contact me at 716-510-3217 if you have any questions concerning the ADA or if you need to talk about our profession in any way.

Sincerely,  
Brendan

Brendan Dowd, DDS  
Second District Trustee ■

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**THE SITE IS DESIGNED TO BE A RESOURCE FOR** member dentists as well as the public we serve. Take a few minutes to take a tour of the site. Some of the new features are:

- A Member Center full of resources for your practice. All information here is updated constantly by the ADA and NYSDA to keep you informed in real time.
- A Public Resource Center for the general public. The Find A Dentist feature enables patients to search for ADA member dentists by zip code and specialty.

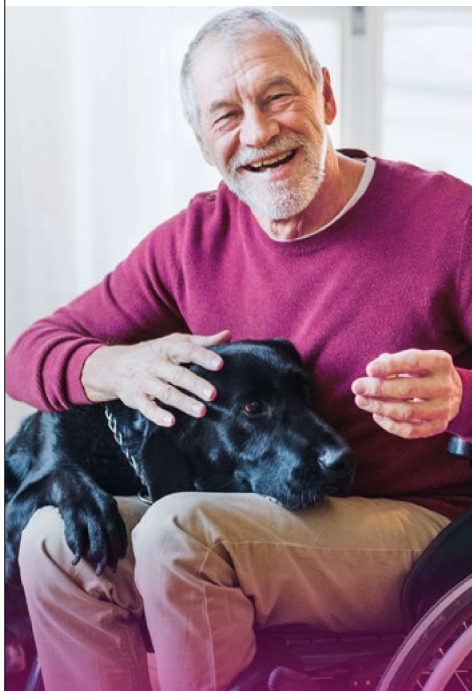
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Welcome to Bronx County Dental Society



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If you are a dentist or a lab interested in providing charitable care to those in need—we want your help. From clearing up painful dental infections and helping others eat again—volunteering with Dental Lifeline Network’s Donated Dental Services (DDS) program will make a life-changing difference.



**For many adults, right here in our own community, dental care is not an option. Dental Lifeline Network is looking for dentists who can change this.**

“Today I ask you to join me in donating your time for an important cause: Dental Lifeline Network (DLN), a strategic partner of the American Dental Association. The goal is to help our country’s most vulnerable residents get much-needed dental treatment. These are our friends and neighbors who are elderly or disabled or medically fragile, and can neither afford treatment nor obtain public aid.”



— GORDON J. CHRISTENSEN, DDS, MSD, PHD  
Board of Directors, Dental Lifeline Network  
Donated Dental Services Volunteer

Dental Lifeline Network is a national nonprofit and strategic partner of the American Dental Association. More than 14,500 volunteer dentists and 3,300 laboratories participate in DLN’s Donated Dental Services programs nationwide.

#### OUR MISSION

We help the country’s most vulnerable residents get much-needed dental treatment. These are our friends and neighbors who are elderly or disabled or medically fragile, and can neither afford treatment nor obtain public aid.

## WILL YOU SEE ONE?



[WillYouSeeONE.org/volunteer](http://WillYouSeeONE.org/volunteer)



**THE DENTAL LIFELINE NETWORK, A STRATEGIC** partner of the American Dental Association, has been operating the Donated Dental Services (DDS) Program nationally since 1985. There are over 50 patients waiting for care currently in the Bronx. Only patients with disabilities, who are elderly or medically compromised and cannot afford care are accepted into the program. Please join the other dentists throughout the state who currently volunteer with DDS and help one patient.

More dentists are needed, including specialists.

Will you see one?

- Pre-screened patients are treated in your office.
- You determine the treatment plan.
- Coordinators work with specialists and the labs.
- All lab expenses are paid.
- Very little paperwork is required

It is easy to volunteer. Go to [www.DentalLifeline.org](http://www.DentalLifeline.org) and click on Volunteer or go to [www.WillYouSeeOne.org](http://www.WillYouSeeOne.org). Additional information about the program is available. Just see one patient for a consult and you decide if you want to continue. ■

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# Clutter to the Gutter

## JUNK REMOVAL

# 844 987-2884

- Full estate cleanouts
- Eviction cleanouts
- Hoarding cleanouts
- Construction debris
- Scrap metal pickup
- Corporate office cleanouts
- Large item transportation
- Small house and apartment moves

WHAT WE TAKE:

- REFRIGERATORS
- WASHERS
- DRYERS
- KITCHEN STOVES
- LARGE TVS
- ALL OTHER HOUSEHOLD APPLIANCES
- FURNITURE
- MATTRESSES
- CARPET
- HOT TUBS
- BATH TUBS
- TIRES

Find us on Facebook

# Job Fair 2024

Presented by the Bronx County Dental Society

## When

Thursday, March 14, 2024 | 6:30pm-9:30pm

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## Where

Maestro's Caterers  
1703 Bronxdale Ave, Bronx, NY 10462

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## Who's Invited

All dental residents working at our Bronx Hospitals  
All Bronx County Dental Society Members, especially those looking  
for an associate or thinking of transitioning towards retirement

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## What's On the Menu

Light snacks, appetizers, beer, wine and soft drinks

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## Who Will Be There

Companies offering jobs and companies  
facilitating dental business transactions



## Join Us!

Please RSVP to Joy at 718-733-2031 or [bronxdental@optonline.net](mailto:bronxdental@optonline.net)



## Dr. Lauren Levi, DMD, MS

### What To Do When the Toothache Isn't From the Tooth: Treating Atypical Toothaches

Tuesday, April 2, 2024 | 6:00pm

Maestro's Caterers 1703 Bronxdale Avenue, Bronx, New York 10462

Buffet Dinner at 6pm (Kosher meals available upon advance request\*)

Lecture at 7pm

\$35 for BCDS members | \$75 for non-members | Free for residents of Bronx Hospital programs

Did you ever have a patient with a toothache and you scratched your head because you couldn't determine the origin of the pain? This lecture will help you become a better diagnostician. Did you know that some toothaches could be caused by referred muscle pain or primary headache disorders? While others may be caused by neuropathic pain. This lecture will introduce the clinician to various pain conditions that can manifest as toothaches in the absence of dental or periodontal disease.

At the end of this lecture, the student will

- Become familiar with diagnosing atypical toothaches
- Become more familiar with differentiating between musculoskeletal, neurovascular and neuropathic toothaches

### Dr. Lauren Levi, DMD, MS

Lauren Levi is a fellowship-trained dental oncologist and board-certified orofacial pain specialist who lectures nationally, is actively engaged in literature publications, and serves as the director of the orofacial pain, oral medicine headache, and sleep department at Touro College of Dental Medicine and an adjunct assistant professor in the division of orofacial pain at Jefferson University Hospital.



**TO REGISTER FOR THIS DINNER LECTURE, EMAIL JOY PATANE AT [BRONXDENTAL@OPTONLINE.NET](mailto:BRONXDENTAL@OPTONLINE.NET)**

2CE Credits.

*\*Kosher meal requests must be received one week prior to the course.*

# Dr. Lawrence Holtzman

## Office Based Oral Surgery

Tuesday, June 11, 2024 | 6:00pm

Maestro's Caterers 1703 Bronxdale Avenue, Bronx, New York 10462

Buffet Dinner at 6pm (Kosher meals available upon advance request\*)

Installation of BCDS Officers at 7pm

Lecture to follow

This evening is sponsored by Nobel Biocare. It is free for all BCDS Members and Bronx Hospital Residents.

Dr. Holtzman's Course will include:

1. Extractions
2. Flap Design
3. Dental Implants
4. Surgical Endodontics
5. Treatment of Infection
6. Bone Grafting
7. Oral Pathology

### Dr. Lawrence Holtzman

- Tufts University Dental School - 1986
- New York Hospital/Cornell Medical Center - Internship 1987
- Montefiore Medical Center - Oral and Maxillofacial Surgery - 1990
- Board Certified in Oral Surgery and Dental Anesthesia
- Dr. Holtzman is on staff at New York Presbyterian Hospital/Columbia University Medical Center and has courtesy privileges at Montefiore Medical Center
- Private Practice - Bronx



**TO REGISTER FOR THIS DINNER LECTURE, EMAIL JOY PATANE AT [BRONXDENTAL@OPTONLINE.NET](mailto:BRONXDENTAL@OPTONLINE.NET)**

2CE Credits.

*\*Kosher meal requests must be received one week prior to the course.*

# Jeffrey Hoos, DMD

## If You Can Do Composites Correctly, You Can Do Full- Mouth Reconstruction

Tuesday, September 10, 2024 | 6:00pm

**Maestro's Caterers** 1703 Bronxdale Avenue, Bronx, New York 10462

**Buffet Dinner at 6pm** (Kosher meals available upon advance request\*)

**Lecture at 7pm**

This lecture is presented courtesy of Kuraray Dental

\$35 for BCDS members | \$75 for non-members | Free for residents of Bronx Hospital programs

When a dentist completely understands the steps to create durable, long-lasting composites, they have the building blocks for doing reconstruction cases.

Participants will learn:

- Immediate dentin sealing & resin coating bonding technique
- Stress free composite restorations
- Occlusal principles in a simple way
- Restoring mouths with a functional understanding

### Jeffrey Hoos, DMD

Dr. Jeffrey Hoos is a world-renowned practitioner and author of numerous articles. He has developed many innovative and exciting dental techniques including the patented H & H cordless impression method. Dr. Hoos graduated from Tufts University School of Dental Medicine with a DMD degree after receiving his MS degree in Biology from the University of Bridgeport and his BA degree in Zoology from Drew University.

He has been involved with implant dentistry for the last 25 years and teaches implant dentistry courses. Dentists from around the world regularly visit his practice to learn how to implement his methods. He lectures extensively on practice management as well as implant and cosmetic dentistry.

He recently celebrated his 41th anniversary in private group practice in Stratford, Connecticut and is consistently in the top 1% of the dental practices in the United States.



**TO REGISTER FOR THIS DINNER LECTURE, EMAIL JOY PATANE AT [BRONXDENTAL@OPTONLINE.NET](mailto:BRONXDENTAL@OPTONLINE.NET)**

2CE Credits.

*\*Kosher meal requests must be received one week prior to the course.*

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