

# Bronx County Dental News



A PUBLICATION OF THE BRONX COUNTY DENTAL SOCIETY

## BCDS to Hold Job Fair on March 20, 2025

### TWO HUGE EVENTS WILL BE

coming to the Bronx in late March. On March 27, the Yankees will play their home opener, starting their quest for a 28th championship. Just as exciting, the Bronx County Dental Society will be hosting its annual Job Fair on Thursday March 20, 6:30-9:00pm at Maestro's Caterers

The event, sponsored by MLMIC Insurance Company, is free and open to all members and all residents at our 5 Bronx teaching hospitals. We are bringing together companies that offer career opportunities for young dentists and businesses that help established dentists build, expand or transition towards retirement. Food and beverages

will be served. All residents can receive a professional resume photo, a \$300 value. There will be a resident raffle for a \$250 Amazon gift card.

Companies that will be presenting include Affinity Dental, Aspen Dental, Cloud Dental, DDS Match, DentServ, Eastern Dental, Great Expressions Dental, MB2, Prosmile, Altfest Financial, Bank of America, Danziger & Markhoff Attorneys, MLMIC, TD Bank and more.

We will follow this with a full schedule of dinner lectures. All are at Maestro's starting at 6pm and feature a buffet dinner, open bar and CE credits. ■

### TUESDAY APRIL 8

**Dr. Lauren Levi**

A Lecture That Won't Make You Zzz: Dental Sleep Medicine 101

[Learn more](#)

### TUESDAY MAY 13

**Adam Goodman  
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# In Memory of Dr. Madeline Ginzburg

## THE BRONX COUNTY DENTAL

Society mourns the passing of our long-time member and friend, Dr. Madeline Ginzburg. Madeline was a leader in her dental career and lived a life of giving back to her profession and community.

Madeline graduated from Cornell University in 1975 and went on to the University of Pennsylvania School of Dental Medicine. After graduating with a DMD in 1979, she entered the GPR program at Penn.

Madeline opened her own dental practice in Riverdale and practiced there for over 30 years.

Madeline became the first female president of the BCDS in 2013. During her tenure, she developed the Mentor Program for NYSDA and served as its director. Madeline also was a volunteer faculty member of the Columbia University School of Dental Medicine. She was a recipient of the prestigious Pierre Fauchard Academy membership award.

Madeline was a constant presence at Give Kids a Smile and other community education events. She served on the Community 8 School Board and sponsored local school initiatives.

Madeline was married to Dr Joel



Delfiner for over 40 years. The pride of her life was her children, Leslie, Alexandra and Matthew, and her grandchildren, Samara, Hudson, Tessa, Hazel and Rowan.

May her memory be a blessing. ■

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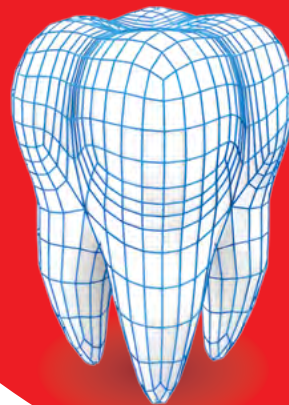
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# Open Bar: Preparing for Retirement – A Guide for Dentists

## A Guide to Retirement From MLMIC Insurance Company

### RETIREMENT MAY BE LOOKED AT BOTH WITH

anticipation and, at times, sadness. Many professionals have practiced in their specialty for a long time and may be looking forward to making changes geographically and/or spending more time with family. Other times, retirement may be thrust upon you by illness or economic reasons.

Regardless of why you intend to retire, there are some important questions to consider.

1. Are you going to be selling your practice to another professional or are you just closing your doors?
2. Do you have a partner or another licensed professional who is interested in continuing the practice and caring for your patients?
3. Are you going to store your professional records with a record storage service, or do you intend to keep them for the required amount of time in a secure fire and flood-proof place?

It is very important that you address those questions well in advance of your anticipated retirement. Advanced planning will also benefit you in the event that retirement is brought on by sudden illness or death.

All patients should be notified within 60 or more days, optimally by letter, marked “personal and confidential.” The letter can be mailed by first-class mail to the patient’s last known address, and a copy should be placed in the patient’s record. The termination date you choose may well depend on the reason for closure and can range from two to six months to enable the patients to locate another provider. This will depend on geographical location and practitioner availability.

When the patient requests that the records be sent to a new provider (and provides a HIPAA-compliant authorization), only a copy of the original record should be sent containing the last few years of care.

If the patient requests that only a limited portion of the records be sent, this should be noted in the letter forwarding that portion of the records to the new provider. If you are in a practice that has other dentists, the records can usually remain in that practice if the practice can absorb these patients. The dentist, however, should not send the original record to the new provider, as the dentist who is closing the practice is obligated to retain the original patient records for the recommended statutory periods of time.

In addition, if you are from a smaller rural geographical area, i.e., Upstate NY, or many of your patients are not seen annually but every few years, advertisements of the closing of the practice can also be placed in local papers if there are any in your area, in addition to sending letters. This type of notification can sometimes reach people who have moved and not left a forwarding address. The patients must be told how to obtain a copy of their records so they can provide them to their new provider. If there are other dentists in the practice willing and able to accept the patients of the retiring dentist, the patients can be told to contact the office for an appointment with them. A termination date must be based upon the nature of the patients’ condition and the availability of another provider in that geographical area. The patient can also contact his insurer or professional society, dental or medical, for that information.

It is very important to tell patients not to use your name, when seeking any kind of radiological study or laboratory test results after your retirement. No test results or reports from other professionals are to be sent to your office after closure, and the patients should be made aware of that. If another professional is maintaining your records for you, that person must agree to maintain them for the required time periods. The period for retention of records also depends upon the age of the patient (under 18) and whether the patient has undergone



continuous treatment without a gap, in the treatment of a specific condition.

Finally, you must notify MLMIC's underwriting department in writing of the termination date of your practice. They can assist you with coverage questions. For MLMIC insureds interested in additional information on retirement, please reach out to the MLMIC legal department for a memo addressing considerations for retirement.

MLMIC policyholders can reach out to our healthcare attorneys for questions about retirement by calling (800) 275-6564 Monday-Friday, 8a.m.-6 p.m. or by email [here](#).

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## Non-opioid pain relief proven more effective after wisdom teeth removal

### A COMBINATION OF ACETAMINOPHEN (TYLENOL)

and ibuprofen (Advil, Motrin) controls pain after wisdom tooth removal better than opioids, according to a Rutgers Health study that could change how dentists treat post-surgical pain.

The trial in more than 1,800 patients found that those given a combination of ibuprofen and acetaminophen experienced less pain, better sleep and higher satisfaction compared with those receiving the opioid hydrocodone with acetaminophen.

Dentists, who rank among the nation's leading prescribers of opioids, wrote more than 8.9 million opioid prescriptions in 2022. For many young adults, dental procedures such as wisdom tooth extraction are their first exposure to opioid medications.

"There are studies out there to show that when young people get introduced to opioids, there's an

increased likelihood that they're going to eventually use them again, and then it can lead to addiction," said study co-investigator Janine Fredericks-Younger, adding that opioid overdoses kill more than 80,000 Americans each year.

To compare opioid and non-opioid pain relief, the researchers conducted a randomized trial on patients undergoing surgical removal of impacted wisdom teeth, a common procedure that typically causes moderate to severe pain.

Half the patients received hydrocodone with acetaminophen. The other half got a combination of acetaminophen and ibuprofen. Patients rated their pain levels and other outcomes, such as sleep quality, over the week following surgery.

Results in The Journal of American Dental Association showed the non-opioid combination provided superior pain relief during the peak-pain

period in the two days after surgery. Patients taking the non-opioid medications also reported better sleep quality on the first night and less interference with daily activities throughout recovery.

Patients who received the over-the-counter combo were only half as likely as the opioid patients to require additional “rescue” pain medication. They also reported higher overall satisfaction with their pain treatment.

“We feel pretty confident in saying that opioids should not be prescribed routinely and that if dentists prescribe the

non-opioid combination, their patients are going to be a lot better off,” Feldman said.

The study’s size and design make it particularly notable. With more than 1,800 participants across five clinical sites, it’s one of the largest studies of its kind. It also aimed to reflect real-world medication use rather than the tightly controlled conditions of many smaller pain studies.

“We were looking at the effectiveness – so how does it work in real life, taking into account what people really care about,” said Feldman, referring to the study’s focus on sleep quality and the ability to return

to work.

The findings align with recent recommendations from the American Dental Association to avoid opioids as first-line pain treatment. Feldman said she hopes they will change prescribing practices.

“For a while, we’ve been talking about not needing to prescribe opioids,” Feldman said. “This study’s results are such that there is no reason to be prescribing opioids unless you’ve got those special situations, like medical conditions preventing the use of ibuprofen or acetaminophen.”

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Members of the research team said they hope to expand their work to other dental procedures and pain scenarios. Other researchers at the school are testing cannabinoids for managing dental pain.

“These studies not only guide us on how to improve current dental care,” said Feldman, “but also on how we can better train future dentists here at Rutgers, where we constantly refine our curriculum the light of science.”

*The Opioid Analgesic Reduction Study was funded by the National Institutes of Health’s National Institute of Dental and Craniofacial Research. ■*

NYSDA’S Committee on Substance Use Disorder and Well-Being is here to support and assist you, your family or a colleague who may need help with substance abuse, addiction and related mental health issues. We are only a confidential phone call away. 1-800-255-2100 ext 250 or [jdonnelly@nysdental.org](mailto:jdonnelly@nysdental.org)



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# Seventh Letter from the ADA Second Trustee District to the NYSDA Components

March 2025 | Trustee's Corner

## HOLIDAY GREETINGS AND HAPPY NEW YEAR TO

everyone and their families. I hope you have had a safe and productive 2024. This is the seventh version of the Trustee's Corner, and I am already past the halfway point of my four-year term. As I have mentioned in the past, I have been honored and fortunate to represent the Second District at the American Dental Association.

I never thought I would be talking about this following subject in these terms but due to a couple of questionable articles, a court case and the results of the recently completed national election, water fluoridation has garnered a good bit of attention in the news. As we all know, water fluoridation at the proper concentration (7 mg/liter or 7 parts per million) has been honored as one of the top ten health discoveries in the United States in the twentieth century. It has helped countless communities reduce caries rate approximately 25 percent for more than three quarters of a century. Multiple well controlled studies over the years have proved its efficacy and safety many times over. We also know the concept of anti-fluoridation has a small but strong contingent of folks constantly fighting the fluoridation process and our efforts to expand those activities. It is important you know the ADA is a science-based association with a long history of using well tested and proven facts as a basis for caring for the public. We are and will defend the important role properly titrated fluoride addition to community water plays in fighting tooth decay. You have and will see our well thought out responses as the debate continues in the national news. Historically, proven science has always carried the day, and I think it will again. The American Dental Association has continued to reinforce this science with renewed studies and

maintains the same policy recommending fluoridated water at the proper concentration throughout the United States. Roughly three quarters of the communities in our country have properly fluoridated water and



we feel that should be higher. Stay tuned as your Association continues to make sure the public is provided with the correct information and historically proven positive outcomes associated with community water fluoridation.

The membership model pilot has officially begun as of November 1st, 2024. The five associations participating are the states of Washington, New Hampshire, New Jersey, New Mexico as well as Washington, DC. Each of them and their components will determine the rate they are charging for membership alongside the reduction in ADA dues. Free membership will occur for first year dentists and a monthly charge of \$12 (\$144 per year) for dentists in their second through fifth years. For dentists beyond that, the charge will be \$300 per year. Operations will be streamlined to improve the member experience. A member loyalty program will help strengthen the value of membership and increase the engagement of dentists. In the future, pilot additions will likely include full-time faculty membership dues reductions (starting in 2025), a group practice membership pilot, the previously mentioned loyalty program, an international membership pilot, as well as expanding the pilot to more states.

It is important to note there are several states interested in joining the pilot in 2026. I strongly feel the New York State Dental Association should join this program in 2026. It is an important step in leading to long term financial sustainability and

increasing the membership percentage of dentists in the tripartite from New York State. Our state association cannot continue to do business the way we have done in the past. Our percentage of members will dramatically decrease in the next two years if we don't change our thought process on this issue. We must think outside of the box, and I believe the membership pilot model is the best way to go. Please discuss this with your trustee, local leaders and component executive director. I truly think the tripartite will excel with this new process. If we continue down our current path, we will drop below 50% membership at the state and national level in 2026, and well below that several years after. I encourage all of you to learn the facts and play an important role in the future of your local, state and national organizations.

The American Dental Association continues to be a strong member of the FDI World Dental Federation (Federation dentaire internationale). This past September, I attended the annual meeting in Istanbul, Turkey and took part in various meetings concerning world oral health. It is important to note the ADA is leading the charge in policy discussions and decisions. As you know, we determine policy through the ADA House of Delegates, and our international delegation promotes these policies as much as possible to the rest of the world. Many smaller countries take these new policies to their own ministries of health for direct input on decisions concerning their national oral health directives. It is important to share our scientific knowledge and policies with the rest of the world to improve oral health internationally. As we all know, caries and periodontal disease are at the top of the list worldwide for non-communicable diseases. In the fall of 2026, I will be traveling to Shanghai, China

for the next annual FDI meeting to continue the discussion on oral health.

It is my hope that all of you have a constructive, healthy and safe year in 2025. I will be sending you my next correspondence in May or June. Please take care and remember you can email me at [dowdb@ada.org](mailto:dowdb@ada.org) or call me at 716-510-3217 if you have any questions or suggestions.

Sincerely, Brendan  
Brendan Dowd DDS  
ADA Trustee, Second District ■

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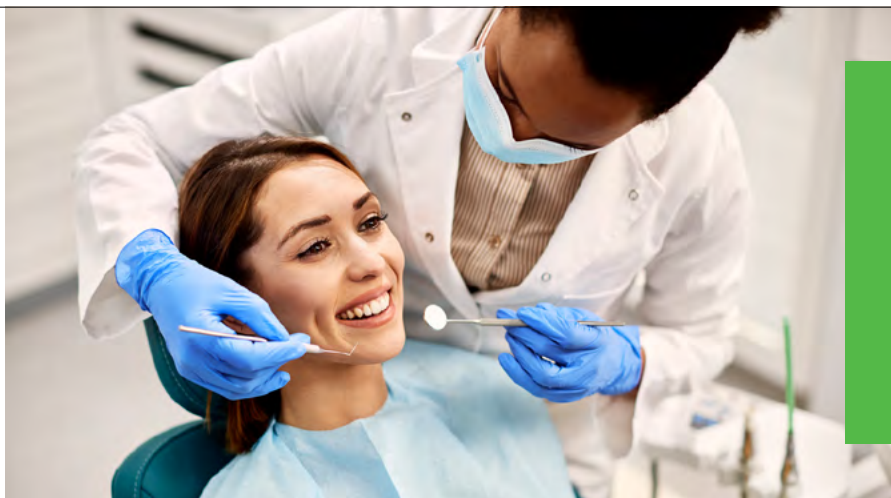


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- FURNITURE
- MATTRESSES
- CARPET
- HOT TUBS
- BATHTUBS
- TIRES

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# Job Fair 2025

Presented by the Bronx County Dental Society

## When

Thursday, March 20, 2025 | 6:30pm-9:30pm

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## Where

Maestro's Caterers  
1703 Bronxdale Ave, Bronx, NY 10462

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## Who's Invited

All dental residents working at our Bronx Hospitals  
All Bronx County Dental Society Members, especially those looking  
for an associate or thinking of transitioning towards retirement

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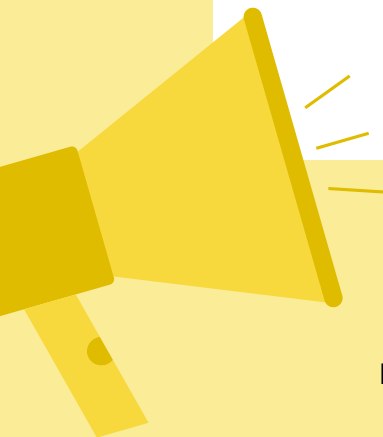
## What's On the Menu

Light snacks, appetizers, beer, wine and soft drinks

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## Who Will Be There

Companies offering jobs and companies facilitating  
dental business transactions



## Join Us!

Please RSVP to Joy at 718-733-2031 or [bronxdental@optonline.net](mailto:bronxdental@optonline.net)



# Dr. Lauren Levi, DMD, MS

## A Lecture That Won't Make You Zzz: Dental Sleep Medicine 101

Tuesday April 8, 2025 | 6:00pm

Maestro's Caterers 1703 Bronxdale Avenue, Bronx, New York 10462

Buffet Dinner at 6pm (Kosher meals available upon advance request\*)

Lecture at 7pm

\$35 for BCDS members | \$75 for non-members | Free for residents of Bronx Hospital programs

This lecture will introduce the clinician to dental sleep medicine as well as treatment modalities for obstructive sleep apnea. At the end of the lecture, the clinician will not only have reviewed the pathophysiology of obstructive sleep apnea but also common methods to treat obstructive sleep apnea.

At the end of this lecture, the student will

- Become more familiar with reading a PSG
- Become more familiar with the signs and symptoms of obstructive sleep apnea and the dentist's role in the treatment of OSA
- Become more familiar with fabricating an oral appliance for obstructive sleep apnea

### Dr. Lauren Levi, DMD, MS

Lauren Levi is a fellowship-trained dental oncologist and board-certified orofacial pain specialist who lectures nationally, is actively engaged in literature publications, and serves as the director of the orofacial pain, oral medicine headache, and sleep department at Touro College of Dental Medicine and an adjunct assistant professor in the division of orofacial pain at Jefferson University Hospital.



**TO REGISTER FOR THIS DINNER LECTURE, EMAIL JOY PATANE AT [BRONXDENTAL@OPTONLINE.NET](mailto:BRONXDENTAL@OPTONLINE.NET)**

3CE Credits.

*\*Kosher meal requests must be received one week prior to the course.*

# Adam Goodman DMD

## Augmenting Tooth Morphology in Conjunction with Invisalign Orthodontic Treatment

Tuesday May 13, 2025 | 6:00pm

Maestro's Caterers 1703 Bronxdale Avenue, Bronx, New York 10462

Buffet Dinner at 6pm (Kosher meals available upon advance request\*)

Lecture at 7pm

No fee courtesy of Align Technology, Kuraray America and Goodman Orthodontics

Orthodontic treatment naturally focuses on tooth position, but quite often, limitations caused by tooth shape or color can affect both the look of the result and even the effectiveness of the treatment itself. This lecture will discuss various aspects of tooth size and shape and the various practical techniques that can be easily implemented to address potential challenges.

Topics to be covered include:

- Enamelplasty
- Repair of chipped and worn incisal edges
- Mid treatment bonding
- Interproximal reduction
- Masking of small spaces during and after treatment
- Dark triangle reduction

### Adam Goodman DMD

Dr. Adam Goodman practices orthodontics in the Riverdale section of the Bronx and Midtown Manhattan. He attended dental school at the University of Pennsylvania and did his orthodontic training at Montefiore Medical Center.

Dr. Goodman is known for his digital orthodontic practice and is widely recognized for his expertise with Invisalign. Since 2004 he has been a speaker and mentor for Align Technology, training and certifying nearly 1,000 dentists and orthodontists. He has spoken at the American Association of Orthodontics, The Invisalign Summit and several Big Apple Dental Meetings.



**TO REGISTER FOR THIS DINNER LECTURE, EMAIL JOY PATANE AT [BRONXDENTAL@OPTONLINE.NET](mailto:BRONXDENTAL@OPTONLINE.NET)**

3CE Credits.

*\*Kosher meal requests must be received one week prior to the course.*

# A Winning Combination = A Winning Combination!

## BEACH – CLASSROOM – FISHING – CLASSROOM – SPA –

Classroom – Golf, whatever your choice, Smiles in the Sun 2025 at The Resort at Longboat Key Club is the right meeting for you, your family and your staff. This is a 5 star property and SITS 2025 has a 5 star program with 20 CERPP/PACE approved credits that features three well renown speakers: Dr. Jennifer Bell, Dr. Chad Duplantis, Ms. Debra Englehardt-Nash, and Dr. Howard S. Glazer. Great education and you can have your feet in the sand by 2:30!

All these presentations, hands-on programs, and meals during social functions are included in your registration fee. Our wonderful social functions feature a welcoming reception, a putting tournament/ buffet dinner, sunset beach bash bar-b-que, and “Sundaes on Saturday”. We also have an optional fishing tournament and luncheon on Wednesday. LBK can be reached via Sarasota, Tampa, or Regional Southwest Airports. There are special reduced rates and amenities for our registrants.

Whatever your pleasure, Smiles in the Sun 2025 has the answer: learn in the morning and play all afternoon in a wonderful location and enjoy the best the west coast of Florida has to offer.

We offer discounted rates for multiple staff, recent grads, and active military. For more information and to register, visit our website: [www.smilesinthesun.net](http://www.smilesinthesun.net) or call: 201-264-9580.

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